

# Quarterly Report

FHSSA — Compassion has no borders

May 2010

## Increasing our Reach: FHSSA's Campaign for 100 Partnerships

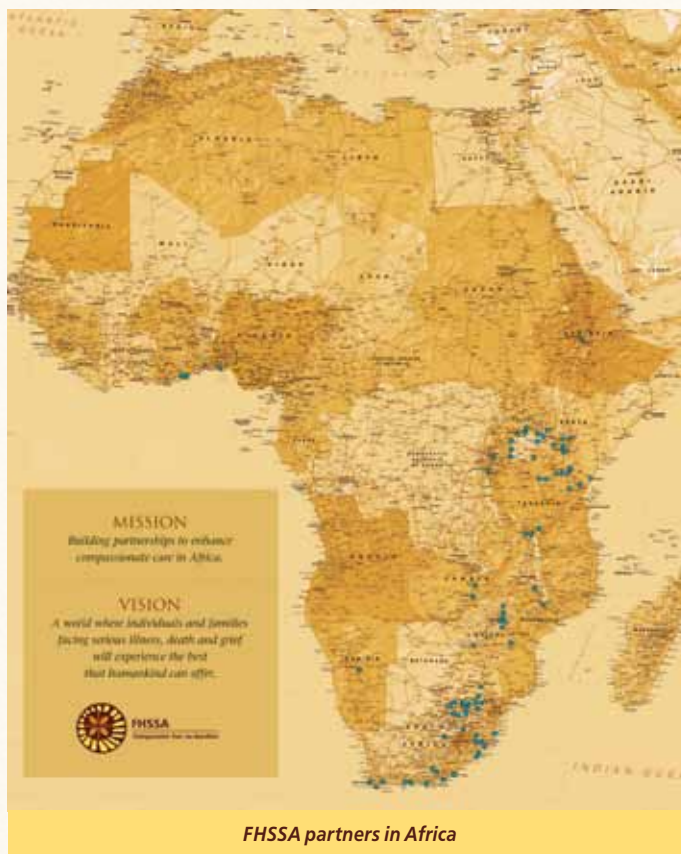
In 1999, FHSSA was established around the central concept of US hospice organizations partnering with African hospice or palliative care programs to form a partnership based on sharing professional expertise, resources, and international relationship building and collaboration. Now in our 10th year of the partnership program, FHSSA has coordinated the formation of more than 80 partnerships between hospices in 30 US states and 13 countries in Africa.

In recognition of 10 years of the FHSSA partnership program, we set a goal to reach 100 FHSSA partnerships in 2010. With the assistance of the African Palliative Care Association and national hospice and palliative care associations across Africa, we hope to identify and foster the establishment of 15 new partnerships. If your program has thought about forming a partnership but hasn't made the commitment, now is the time to pair with an organization across the ocean and become part of FHSSA's campaign for 100 partnerships.

### The Partnership Experience: The Denver Hospice and Selian Hospice

Each partnership is unique in their relationship, leveraging resources and expertise from throughout their community. The following report from Lisa Motz-Storey, Chaplain and African Hospice Liaison at The Denver Hospice, highlights some of the successes and experiences that a FHSSA partnership can bring.

"In February 2010, a group from The Denver Hospice visited our partner, Selian Lutheran Hospice in Tanzania. We rode along on visits, helped with a day clinic, and were the guests of honor at a huge Grand Opening celebration and fund-raiser to dedicate the new Selian Hospice Office. The Denver Hospice and our co-partner, Exempla Lutheran



Hospice raised the money for the building, so they wanted to dedicate it while we were there.

The Denver Hospice has been partnered with Selian since 2001. We have had three visits to Selian, and have hosted seven Selian staff to visit us in Denver.

To share the work of Selian hospice does, included are excerpts from correspondence back home during our most recent visit:

*"On Thursday, we started out with the Hospice Team for devotions at the new office, then visited three patients. The first was Tatu, a widow 45 years old with 7 children. All but the youngest are living with other people. The 3-yr-old lives with her. This was a tough one for our group to see, as she lives in a rented room made of dirt and sticks with a tin roof, about 5 feet square. It's almost pitch dark--no windows, dirt floor. ... But the hospice team brings some food staples, and checks on them. Her volunteer visits twice a week. She is grateful ...*

*On Friday, we went to the office to prepare for a Day Clinic (they call it Day Care) for patients in a village. The Orphan and Vulnerable Children (OVC) program meets at the same time, so the orphans can support one another. They set up stations for patients to meet with staff to review symptoms and receive medications. The kids went outside, and we played group games and sang songs with them.*

*After the afternoon of games for kids and consultations for adults, everyone received food and clothing to take home. There's just so much need. Those who are sick are even worse off than others, because they've often sold their animals to pay for medical care, and they have no means of generating income. On the positive side, so many of them enjoyed playing, interacting or having their nails painted. A relaxing day with medical, spiritual, social, and nutritional support."*

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*Selian Hospice staff checking medications at a Day Care clinic*

Our partnership is an integral part of our hospice. Staff are involved in many ways. New staff members comment that they can't believe we are doing such amazing work in Africa, even though we are a non-profit ourselves! Our experience as a FHSSA partner has been so positive, I recommend it to every hospice, and am always happy to share our experience."

### **Becoming a FHSSA Program Partner**

As a FHSSA partner, the US hospice organization commits to a lasting relationship. In this relationship, each partner must:

- set a fundraising goal of at least \$5000 per year
- establish a partnership committee composed of a diverse group of individuals from your organization

- communicate with your partner regularly
- visit your partner or bring them to visit your program in the US within the first two years
- complete a yearly report provided by FHSSA

Each African partner commits to the following:

- communicate with your partner regularly
- visit or host their partner program within the first two years
- provide accounting for all partnership funds sent by FHSSA both in yearly report to FHSSA and confirming receipt of wired funds

In turn for your commitment to a FHSSA partnership, FHSSA provides the following services:

- a partnership toolkit to get your organization started with partnering
- established resources on topics such as communication, trip planning, and fundraising
- personalized assistance and mentoring for any question or concern that may arise
- secure wiring of funds and follow-up services for all partnership funds sent to Africa
- a 10 year history and combined knowledge from our partners in the US and Africa regarding best practices in partnering

Not ready to commit to a partnership? FHSSA has many small project opportunities available for your help. Some examples of these projects include: raising money for a hospice vehicle, supporting caregivers and volunteers by providing home based care kits, special projects, or other support.

For more information on how to become a FHSSA partner or other ways you can become involved contact Erinn Nanney, Program Coordinator, at [enanney@fhssa.org](mailto:enanney@fhssa.org) or call 703-647-5176.



*A home visit by Selian Hospice staff and members of the Denver Hospice team*



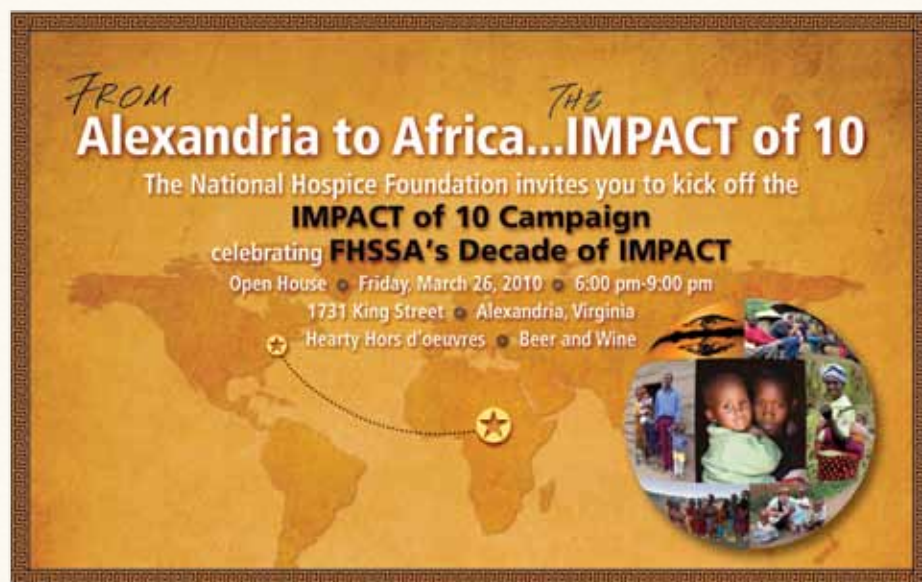
*The conference room at the new Selian Hospice office which will be used for training on home-based hospice care*



## From Alexandria to Africa.... the Impact of 10.

To mark FHSSA's tenth anniversary, honor our partners, commemorate significant achievements, and celebrate a bright future, the National Hospice Foundation hosted an open house "From Alexandria to Africa...the IMPACT of 10" on Friday, March 26, 2010.

The event featured an evening reception where supporters of FHSSA, old and new, came together to learn and share each other's experiences. FHSSA and NHF shared our office with approximately 75 guests, raising \$7,200 for the FHSSA Impact Fund.



## *Thank you to the generous sponsors!*

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## FHSSA's New Look

Looking to the future, FHSSA is working to update our image. At NHPCO's Management and Leadership Conference in April, FHSSA launched our new website design. The new website will enable FHSSA supporters and partners, present and future, to easily access information about FHSSA. Features of the new site include a news headline, a section for each type of FHSSA partner (program, global, and supporting), detailed information on our programs in Tanzania and Zimbabwe, and ways that you can get involved with FHSSA.



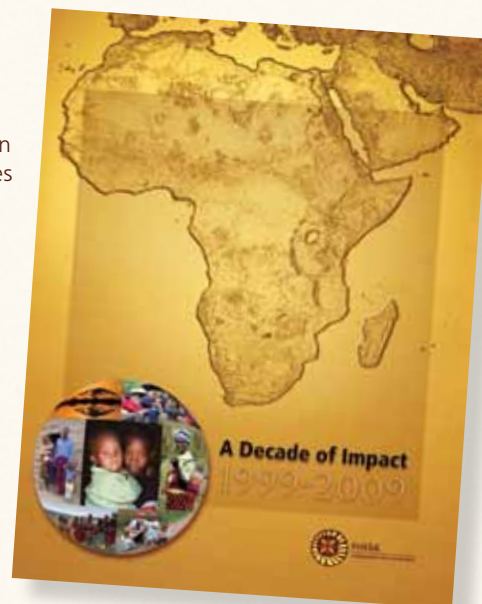
Further working to match our image and message, our mission and vision have been revised to shape FHSSA's path into the future. Our vision now coincides with that of NHPCO and its other affiliates "A world where individuals and families facing serious illness, death, and grief will experience the best that humankind can offer." Our new mission is "Building partnerships to enhance compassionate care in Africa." Along with these new organizational ideals, we are now officially doing business as FHSSA, which we are using in our new logo.

Now in our 10th year of operation, FHSSA has recently released our 10 year report. This document chronicles our last 10 years as an organization, who FHSSA is now, and where we look to go in the future and includes financial reports from 2008 and 2009.

Please take the time to visit FHSSA's new website, facebook page, twitter feed, youtube page, and to read our 10 year report to find out how you can stay involved with FHSSA.



In conjunction with the website, FHSSA also launched our more active presence on facebook, twitter, and youtube. By becoming a fan of FHSSA's facebook page, a follower of FHSSA on twitter, and watching FHSSA on youtube, you can stay in touch with FHSSA and remain up to date on what FHSSA is doing and where we are going.



## You Can Leave a Legacy to Support FHSSA

You have proven that you want to make a difference in the world by supporting FHSSA's work now. Learn how you can extend your commitment and **leave a legacy** for those who have the greatest need. It might be through your will or it might be through a Charitable Gift Annuity.

Please visit the updated section of FHSSA's website to see how you can make a gift that costs nothing now. Visit FHSSA's website or call Maureen Lilly to talk about your dreams and wishes for FHSSA 703-647-5173. The FHSSA Impact Fund is administered by the National Hospice Foundation, leaving the FHSSA team to focus on program development.



**FHSSA**

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