



FHSSA

Compassion has no borders

Quarter 3 – 2012

FOCUS ON COMPASSION

a quarterly newsletter



'Patients under the care of the Malawi Home Based Palliative Care Charitable Trust in Blantyre, Malawi.'
© Nadia Bettega

FHSSA Awarded Major Grant from The Diana, Princess of Wales Memorial Fund to Improve Palliative Care Services in Sub-Saharan Africa

Grant Will Be Used to Build Capacity in Palliative Care in Africa

Efforts to improve the quality and availability of palliative care services in Africa recently received a major funding boost. The Diana, Princess of Wales Memorial Fund awarded FHSSA a grant to further its work in improving palliative care in Africa.

The grant will allow FHSSA to make significant advancements in palliative care education and training in Africa. The focus of the funding will be to: establish a network of mentors, develop centers of excellence for clinical placement, finalize standard clinical guidelines, establish sound training practices and a network of trainers for palliative care.

The countries of focus for the grant are: Kenya, Malawi, South Africa, Tanzania, Uganda, Zambia, and Zimbabwe. FHSSA will work in close collaboration with the African Palliative Care Association (APCA), and other programs contributing to palliative care in Africa to meet the goals of the grant.

"This grant will make a significant difference in our ability to strengthen the knowledge base of palliative care in Africa," said John Mastrojohn III, executive director of FHSSA. "The effects of a sound mentoring and training program will improve care in these countries for decades to come."

The Diana, Princess of Wales Memorial Fund has been a leading donor and advocate for palliative care in sub-Saharan Africa since 2001,



Neighbors of a patient receiving treatment and support from the Kitovu Mobile Palliative Care Service in Masaka, Uganda' © Nadia Bettega

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committing more than £13 million towards integrating palliative care into national health systems and ensuring it is available to all those with HIV/AIDS, cancer and other life-limiting illnesses who need it. The Fund selected FHSSA to further its mission because of FHSSA's experience and success in improving the quality and access to palliative care services in the region and for its network of partners across the continent.

"Education and training is vital to the development and sustainability of palliative care and has been central to our work," said Olivia Dix, Head of the Fund's Palliative Care Initiative. "In the Fund's final year of operation, I am delighted that we are supporting an organization with FHSSA's skills, commitment and networks to develop the education programme further."

FHSSA has already begun work on the grant (see "Clinical Placement Guidelines Workshop" article). For more information about FHSSA, or its work on this grant, contact Shelley Smith at (703) 647-6695 or ssmith@fhssa.org.

Clinical Placement Guidelines Workshop – Kampala, Uganda

The Diana, Princess of Wales Memorial Fund Project Gets Underway



One of the first activities with The Diana, Princess of Wales Memorial Fund resources was to organize a workshop in Kampala, Uganda with the African Palliative Care Association (APCA) and leadership and staff of The Diana, Princess of Wales Memorial Fund.

The one day workshop was one in a series of three workshops hosted by the three organizations. The first day, "Developing Guidelines for Clinical Placement in Palliative Care" was led by John Mastrojohn, FHSSA Executive Director. Over 40 palliative care educators and practitioners attended the day representing seven different African countries including Kenya, Uganda, Tanzania, Malawi, Zimbabwe, South Africa and Zambia.

The goal of the workshop was to share current practices for clinical placement for palliative care for various disciplines, discuss definitions and guidelines and develop a way forward to finalize and disseminate the guidelines.

The workshop was extremely successful in sharing information and clearly set the stage for the development of guidelines. "It was an incredible opportunity to have so much experience, talent and energy all together to discuss this important topic," said John Mastrojohn, FHSSA Executive Director.

The second day focused on e-learning in palliative care and the final two days on palliative care for children in Africa.

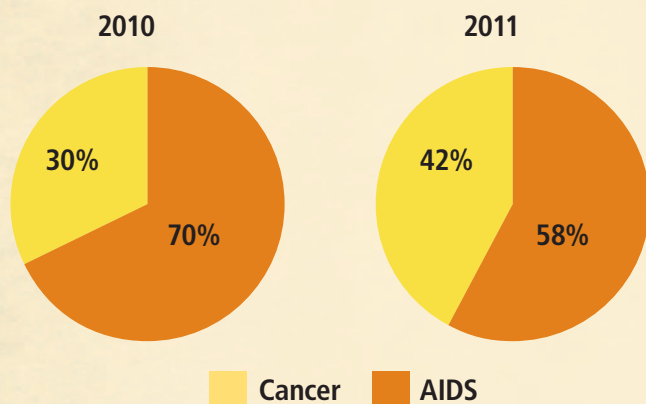
Our FHSSA Partners: Results of the 2011 Partner Survey

Organizations that commit to a FHSSA partnership choose to form a one-on-one relationship with an African program. Each Partnership is shaped by the specific talents of each partner and needs of the African program.

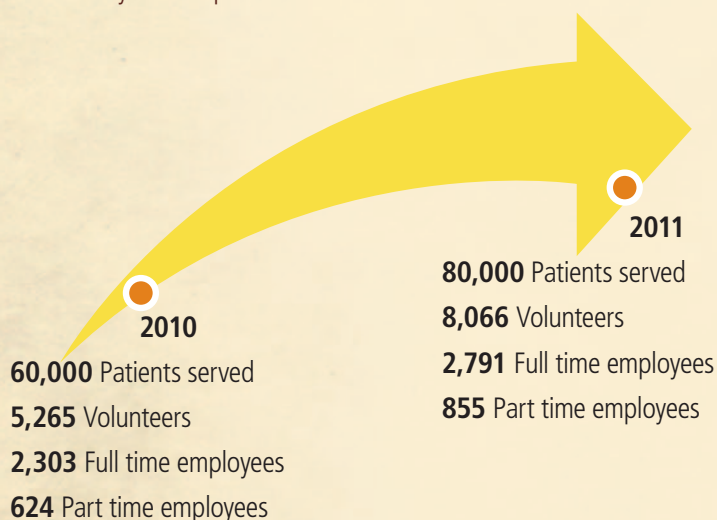
The following is a summary of the data from the 2011 yearly survey.*

- African Palliative care providers are caring for a wide variety of diseases. HIV/AIDs and cancer are the two main diagnoses seen in the survey. From 2010 to 2011, listings of primary diagnosis as cancer increased by 12%.

Primary Diagnosis

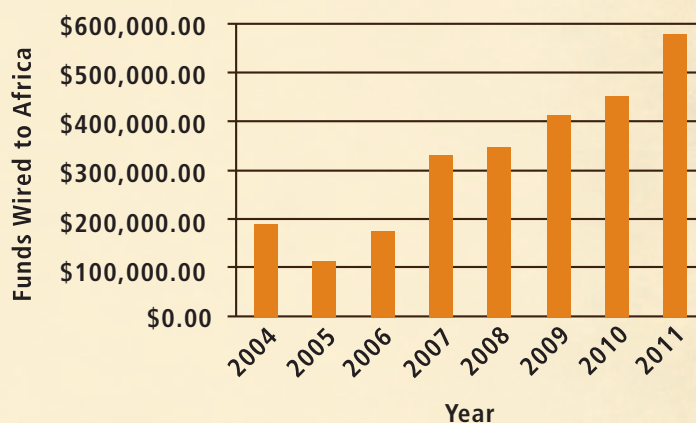


- With the combined effort of those in partnership program, from 2010 to 2011 there is an increase of almost 20, 000** more patients served by African partners.



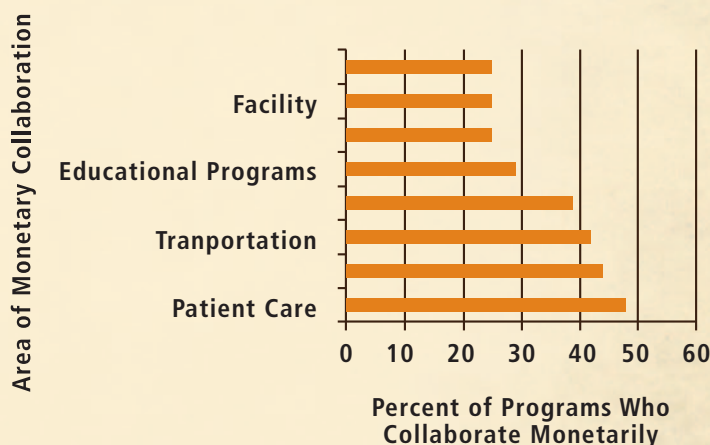
- US partner's passion to support their African partner has resulted in more than \$579,290 sent to partners in Africa. The 2011 donation totals represent a 20% increase in partner donations over 2010.

Partnership Funds Sent to Africa by Year



- 77% of the African partners reported collaborating with their African partner on specific projects.
- Most common financially supported collaborations included patient supplies and medications, home based care visits and transportation.

Most Common Partner Funding Collaborations



- Supported by US partners African partners are able to achieve greater access to impact in their communities. 77% of African Partners and 81% of US partners described their FHSSA partnership as important to the operation of their organization.

* In total 54% of U.S partners and 49% of African Partners responded.

** Cumulative totals for partner census are derived from the responses of the 2010 and 2011 surveys.



LION CHEF

INVITATIONAL

A FOODIES AND FRIENDS EVENT TO BENEFIT FHSSA



Staff of Gilchrist Hospice in Maryland enjoy an evening of food and friends.

On Saturday, May 19, 2012, FHSSA held its second annual "Lion Chef" Invitational, a fundraising event based on the television culinary cult sensation, "Iron Chef" featuring the legendary kitchen stadium and secret ingredient of lemons. Professional and amateur chefs competed for the "People's Choice Award" and coveted "Lion Chef" title.

Held in the beautiful atrium of the United States Patent and Trademark Office, more than 40 guests mingled, tasted, and sipped their way through eight creative and delicious dishes, some savory, some sweet and even a refreshing cocktail. Guests cast their ballots for the "People's Choice Award" which went to Michael Davids and Holly Koechel of Team Marafiki Bora for their dish, "Machungwa kuku na achali," a grilled

Thank you to all of our sponsors!

- **Sous-Chef Sponsors:**

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- **Cook Sponsors:**

Homestead Funding Corp.,
John Mastrojohn III,
Galen Miller & Bob Ward,
Rodney M. Louis of State Farm Agency

- **Partners:**

Hilton Alexandria Mark Center
Veritas Vineyard and Winery

We thank all the new and old friends who attended, and the chefs and judges who participated as this event would not have happened without them.

We look forward to the 2013 Lion Chef Invitational. Stay tuned for the next secret ingredient!

chicken with lemon and onion marmalade.

The three official Lion Chef Judges were Sabrina Campbell of Occasionally Cake and Honorary Co-Chairs, Hugh and Barbara Barton. Their deliberations awarded Whole Foods Market Old Town the "Lion Chef" title for "Pastilla Novel."



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Five U.S. and Five African Hospice and Palliative Care Organizations Join FHSSA's Network of Partners in 2012

In October of 2011, FHSSA launched a campaign to recruit U.S. organizations to partner with one of the over 20 African organizations with applications submitted to FHSSA. The yearlong campaign, **"One Cause, Two Continents"** continues to raise a great deal of excitement around partnerships from organizations across the U.S. through social media, NHPCO and FHSSA newsletters, and the creation of our new **partnership video**. Despite the many economic and regulatory changes that U.S. hospices continue to face, the tremendous response to this campaign shows that FHSSA's mission compels individuals from across the hospice field to connect with and support their colleagues in Africa.

Through the "One Cause, Two Continents" campaign, five new partnerships have formed between organizations in five African countries and five U.S. states. FHSSA is excited for the great relationships and collaborations that these new partnerships will have in the future.

Welcome new FHSSA partners:

- Kaiser Permanente Oakland Hospice- Oakland, CA – Partnered with Laikipia Palliative Care Center in Nanyuki, Kenya
- Susquehanna Home Care and Hospice in Williamsport, PA – Partnered with Shirati Hospital Palliative Care Center in Shirati, Tanzania
- Tucson Medical Center Hospice in Tucson, AZ – Partnered with Rwanda Palliative Care Center
- Providence Hospice in Portland, OR – Partnered with Ngora Hospice in Ngora, Uganda
- Sangre De Cristo Hospice & Palliative Care in Pueblo, CO – Partnered with Arebaokeng Hospice in Tembisa, South Africa

Host Okuyamba in your Community

The Center for Hospice Care, based in Indiana, and their FHSSA partner the Palliative Care Association of Uganda, have created a multi-award-winning 30-minute documentary on palliative care in Uganda. They have teamed up with FHSSA to offer a

great new way to build awareness and donations around your Partnership through an Event-in-a-Box.

Okuyamba follows the journey of Rose Kiwanuka, Uganda's first palliative care nurse, as she travels throughout the country,

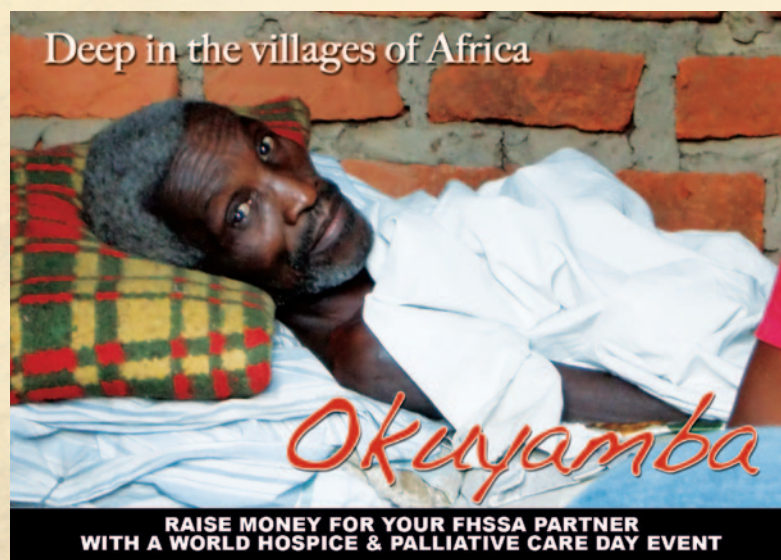
training, supporting and encouraging the nation's 120 palliative care professionals. This powerful documentary is a great tool to help build awareness of the need in Africa and how work is accomplished.

The free Event-in-

a-Box materials you will receive include the DVD of the film, Okuyamba, a How-To guide for hosting a screening, customized posters and self-mailer postcards, and template media requests.

"Okuyamba is such a unique film to use to increase community awareness about all of our partnerships," says Mike Wargo of Center for Hospice Care. "Our goal is to raise awareness of the critical need for hospice and palliative care services throughout sub-Saharan Africa. Okuyamba is the Lugandan word meaning "to help" and we believe that the Event-in-a-Box is a great tool we can offer to help FHSSA partners engage their local communities in support of the unique needs of their own African partner."

Want more information on how the Event-in-a-Box can help your FHSSA Partnership? Ready to host your own Screening? Visit <http://www.okuyamba.org/>



FHSSA Introduces our new online toolkit for U.S. hospice partners

We invite all partners to share their best practices in partnering



Each FHSSA partnership is unique and focused on the needs and experiences of its programs. Thanks to a new online toolkit offered by FHSSA, the experiences, best practices, lessons learned, and innovations of each partnership can be shared and exchanged with the rest of the more than 95 partnerships.

Partnerships continue to change and evolve and because it is an online resource, FHSSA will modify the toolkit as new information and partner experiences emerge.

The help of all FHSSA partners is needed in order to make the toolkit as dynamic as it is intended. We ask all FHSSA partners to please take the time to share your feedback with us regarding what more you would like to see in the toolkit and to share best practices in your partnership from fundraising to trip planning.

Visit www.fhssa.org/partnertoolkit

The Foundation for Hospices in Sub-Saharan Africa is now doing business as FHSSA.



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