Summer Quarterly Newsletter

Focus on compassion

COMPASSION HAS NO BORDERS



Staff from Susquehanna Health Home Care & Hospice traveled to the Washington D.C. area to accept the Global Partners in Care Award during the 31st Annual MLC. Pictured left to right are Global Partners in Care Executive Director, John Mastrojohn; Susquehanna staff members, Cathie Haefner, RN, Allison Brion, MSW, and Ashley Stensland, Volunteer Coordinator; and NHPCO's Senior Vice President of Education, Access, and Philanthropy, Diane Hill Taylor.



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US and Tanzanian Hospices Celebrated for Outstanding Partnership to Improve Access to Care

Global Partners in Care presents the 2016 Global Partnership Award to Susquehanna Health Home Care & Hospice and Shirati Hospital Palliative Care.

Global Partners in Care presented the 2016 Global Partnership Award at the National Hospice and Palliative Care Organization's annual Management and Leadership Conference, an event that brought over 1,200 hospice and palliative care leaders to the Washington, DC area. Susquehanna Health Home Care & Hospice, based in Williamsport, Pennsylvania and their Tanzanian partner, Shirati Hospital Palliative Care were celebrated at a lunch attended by conference attendees.

The Global Partnership Award recognizes the exemplary work of one partnership that has demonstrated leadership, innovation and has significantly contributed to the sustainable development of hospice and palliative care through their Global Partners in Care partnership. The award winner is selected based on creativity in fundraising, partner collaboration, staff contribution and commitment, and community outreach and involvement.

"At Susquehanna Health, we are honored and thrilled to receive this award," says Susquehanna Medical Director, Dr. Alexander R. Nesbitt. "The partnership with Shirati has helped us to be inspired and motivated in what we do and to think differently about healthcare, community, and community wide collaboration. It has also allowed us to engage many in our community in the importance of hospice and palliative care work here and around the world."

"When we were seeking a partnership through Global Partners in Care, we requested to be joined with a program similar to ours – one that served a rural area and was faith based," says Susquehanna Medical Social Worker, Allison R. Brion. "As soon as we learned of Shirati, we knew the partnership was meant to be."

Notable Accomplishments:

- Global Communication: Staff from both organizations regularly shared patient stories, photos and program highlights throughout the year.
- Donations: Over \$15,000 sent directly to Shirati to support their organization's needs.
- Partner Visit: Hosted Nurse Dorothy from Shirati. During her visit, she met with Susquehanna staff, several health systems and community groups.
- Community Education: Provided community presentations about the worldwide need for palliative care.
- Communication Channels: Distributed newsletters throughout the year and provided updates on partner Facebook page.

Shirati Hospital Palliative Care received a \$500 award in addition to public recognition.

"We would like to congratulate Susquehanna Health Home Care & Hospice and Shirati Hospital Palliative Care for creating, building, and sustaining a successful partnership," says John Mastrojohn, executive director of Global Partners in Care. "Both organizations have shown great commitment to their partnership and are doing phenomenal work increasing access to hospice and palliative care where the need is so great."

The Power of Partnerships

International Partners Reinforce the Impact of the Partner Program

Dr. Paul Zebadia Mmbando, Manager of the Evangelical Lutheran Church in Tanzania Palliative Care Program and Rose Kiwanuka, RN, and Mark Mwesiga, social worker, from the Palliative Care Association of Uganda traveled to the U.S. to meet with their U.S. partners this spring. Part of their trip included attending NHPCO's 31st Management and Leadership Conference during which they reflected about the impact Global Partners in Care program partnerships have in Uganda and Tanzania.



Partnerships Open Doors

The Palliative Care Association of Uganda has partnered with the Center for Hospice Care in Indiana since 2008. Rose credits much of PCAU's growth to the partnership. "We gained visibility, people recognize us, we have our own permanent grounds," she says. "And that has been the result of this partnership."

Rose and Mark feel that the partnership has created new opportunities including enhanced hospice and palliative care research in Uganda. PCAU has partnered with several universities including the University of Notre Dame – students work closely with health care professionals in Uganda to do research on palliative care delivery.

"The beauty of the partnership is that they don't tell you what to do," Rose says. "You discuss things together - you share your vision and mission and they support you to achieve your objectives."

The in-person visits provide a chance for staff to engage with their international partner. Rose cites being able to thank Center for Hospice Care staff employees who donate to the partnership as a highlight. "We get an opportunity talk to the staff who are doing salary reductions. We get to update them and tell them what their contribution is doing back in Uganda," she says.

Partnerships Lead to Growth

Dr. Mmbando began working with Global Partners in Care in 2006, when it was known as FHSSA. The program has enabled him to develop multiple partnerships between the U.S. and Tanzania that have provided organizations with resources as well as educational opportunities. While this has resulted in an increase in access to palliative care in the country, he has seen the number of partnerships drop in the last few years. His trip to the U.S. was an opportunity to network with interested hospice and palliative care organizations and to educate about the need for more partnerships in Tanzania.

There are currently twelve active partnerships but there are eleven programs that need a U.S. partner. "It's a bit of a challenge that there are still so many facilities that don't have a partner," says Dr. Mmbando.

Another item on Dr. Mmbando's wish list is increased palliative care training for healthcare professionals in Tanzania to help further the progress and growth of the programs. "Opioid phobia" is a challenge among healthcare professionals who do not feel educated enough to provide pain medication or fear that it will lead to substance abuse. Up until 2011, only four facilities in Tanzania were allowed to prescribe morphine.

"Through our program we train people," says Dr. Mmbando. "All of our facilities now have a member of the palliative care team who is able to prescribe morphine."

Despite this improvement, there is still a need for more training and increasing partnerships in the country would help support this.

> To learn more about partnership opportunities in Tanzania, contact info@globalpartnersincare.org.

Global Partners in Care Featured at MLC

NHPCO's 31st Management and Leadership Conference (MLC) attendees were invited to have lunch with Global Partners in Care on April 21. It was standing room only as the lunch program began. Attendees learned more about Global Partners in Care's efforts to expand hospice and palliative care internationally, heard from U.S. hospices about their global partnerships, and met our extraordinary international guests, Dr. Paul Mmbando, and Rose Kiwanuka.



The 2016 Global Partnership Award winners, Susquehanna Health Home Care & Hospice and Shirati Hospital Palliative Care were honored and celebrated.



2016 Global Partnership Award Honorable Mentions:

- Vitas Healthcare & Nyadire Home Care Program
- Arkansas Hospice & Seke Rural Hospice
- Hospice of the Western Reserve & Helderberg Hospice
- Lifetime Care Home and Health and Hospice & Zululand Hospice

SPECIAL THANKS TO OUR EVENT SPONSORS

Gilchrist Hospice Care **Center for Hospice Care** Furst Group/Bob Clarke Hospice of Kankakee Valley

Upcoming Professional Conferences

NHPCO's 2016 Virtual Conference: Challenges on the Front Lines: **Effective Approaches to Complex**

August 9 - 11, 2016 Online - Virtual

In collaboration with the American Academy of Hospice and Palliative Medicine and the Hospice and Palliative **Nurses Association**

5th International African Palliative Care Conference

August 16 - 19, 2016 Kampala, Uganda http://africanpalliativecare.org/ conference2016

Hosted by the African Palliative Care Association and the Worldwide Hospice Palliative Care Alliance

16th World Congress on Pain

September 26 - 30, 2016 Yokohama, Japan www.iasp-pain.org

NHPCO is proud to present The Intensives, Mastering What's **Next in Patient and Family Care**

October 31 - November 2, 2016 Diplomat Resort & Spa, Hollywood, Florida

REGISTER NOW!

For more information and to learn about other professional education opportunities, visit www.globalpartnersincare. org/conferences.

Become a Champion for Education

The Opportunity:

Not ready to become a Partner? Provide a scholarship opportunity for a nurse or social worker in Africa and become a Champion for Education! As part of the mission to expand the availability of hospice and palliative care globally, Global Partners in Care has a special scholarship fund to support the African Palliative Care Association (APCA) in providing education scholarships to further the knowledge and skill of African nurses and social workers in the provision of palliative care.

The Need:

In many African nursing and social work courses, there is no training which exposes the students to palliative care. Formal training in palliative care is greatly needed to provide nurses and social workers with the necessary palliative care skills to handle patients with life threatening illnesses such as HIV/AIDS and cancer.

The Impact:

Since its inception the scholarship has benefited 17 nurses from 7 African countries and 7 social workers from 5 African countries to undertake formal palliative care training. The scholarship provided 10 nurses the opportunity to attend a palliative care conference organized by the Palliative Care Association of Uganda.

Scholarship recipients have come from various countries including Kenya, Nigeria, South Africa, Malawi and Cameroon.

For more information, go to www.globalpartnersincare.org/ partnerships/become-champion



Ololade Fayemi

Scholarship Provides Solid Foundation

Ololade Fayemi, Registered Nurse

University College Hospital Ibadan, Nigeria

How has the scholarship helped you?

The scholarship has provided a platform for me to achieve a major part of my dream which is to acquire a solid foundation in palliative care. The skills and knowledge that I gained have helped me to provide a total, holistic care for my patients that qualify for palliative care services.

What are you doing now with your palliative care training?

As a trained palliative care nurse, I, with other team members, provide palliative care services to patients on hospital admission (in-patient), out-patients and clinics. Services rendered include efficient pain and other symptom control, psychooncology counseling sessions to patients and their relatives, dressing of wounds, chairing paediatric and adult day care forum where patients and their relatives gather together to relax by either sleeping, playing games or just sharing their views or experiences with one another while also providing them the opportunity to see the palliative care team for review when needed.



Furthermore, I tend to share my experience through a weekly scientific presentation organized in my unit, workshops and seminars.

How has this opportunity changed your life?

It has increased my knowledge and skills in the practice of palliative care and has further enhanced my confidence in discharging my duties as a trained palliative care nurse.

Why is this scholarship so important to nursing and social work students in Africa? Nurses and social workers are key personnel in the field of palliative care. Therefore, it is very important to expose the students in these disciplines to the basic principles of palliative care right from their undergraduate days.

This would give them a leverage and necessary exposure in being advocates for palliative care not only within the borders of this country but also in Africa.

HOW YOU CAN HELP

Any amount of financial support will make a positive difference for a nurse or social worker and the patients and families they serve. Please make a donation and encourage your organization, social group/club, sorority/fraternity and professional colleagues to provide additional contributions. Contact us for ways to fundraise at info@globalpartners.org

DONATE NOW!

Pay it Forward. Become a Global Partner Today.

Our Partner Program provides the opportunity for hospice and palliative care organizations in the U.S. to support a hospice and palliative care organization in another country. To help our partners engage in a wide variety of activities to expand and improve services, Global Partners in Care:

- Provides personalized consultation and ongoing technical assistance
- Wires financial donations from U.S. partners to their respective international partner
- Collaborates and coordinates with international and national hospice and palliative care associations
- Networks partners together so they can learn from each other

Learn how your organization can become a global partner at www.globalpartnersincare.org/become-partner.

From Our Global Partner Application Files

Pasada Home Based Palliative Care

Who? Pasada Home Based Palliative Care

What? Pasada is a palliative care program which provides treatment, counseling, and community health education for adults and children as well as targeted support to orphans and vulnerable children living with HIV/AIDS.

Where? Dar Es Salaam, Tanzania



Who? Our Lady's Hospice

What? Serving people who live in poverty, who are discriminated against or who are marginalized by providing loving, professional patient-centered and affordable palliative care.

Where? Limuru, Kenva

TO PARTNER with Our Lady's Hospice or Pasada Home Based Palliative Care please contact Global Partners in Care.

Learn more about our partnerships and how your organization can become a global partner by visiting the **PARTNERSHIPS PAGE** on our website.



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Our Lady's Hospice







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