Spring Quarterly Newsletter

# Focus on Dassion



## Gilchrist Hospice Care Provides Greater Access to Care in Tanzania

In April of 2013, staff at Gilchrist Hospice Care learned that their partner program, Nkoaranga Lutheran Hospital Palliative Care Program in Tanzania, had no ambulance to transport their patients from the villages they serve to the hospital. Patients needing hospitalization were required to walk, take public transportation or travel in vehicles that were not suitable for the region's rutted and unpaved roads.

Eighteen months later, in August of 2014, Gilchrist Hospice Care raised enough money to purchase a four-wheel drive Toyota Land Cruiser to serve as an ambulance for their partner hospice that would be well equipped to handle the difficult travel conditions.

The purchase of the vehicle was made possible through the generous donations of a private foundation, three area Rotary clubs, the Rotary Club of Tengeru in Tanzania, and funds contributed by the staff of Gilchrist and its parent hospital, Greater Baltimore Medical Center.

The challenges of purchasing the ambulance, shipping it from Japan to the capital city of Dar es Salaam, obtaining a tax exemption, and navigating many bureaucratic processes were overcome through collaboration with Global Partners in Care, Worldwide Export Management in Germany, the Lutheran Mission Cooperation and Wakala Wa Makanisa in Tanzania and the Evangelical Lutheran Church in Tanzania's Palliative Care Program.

Finally, on November 12, 2014, the vehicle was delivered and dedicated in a ceremony led by Bishop Paul Akyoo of the Diocese of Meru, attended by the leadership and staff of Nkoaranga Lutheran Hospital, the Evangelical Lutheran Church in Tanzania (ELCT) and the diocese.

Dr. Samuel Kiwesa, the Doctor in charge at Nkoaranga Lutheran Hospital expressed his gratitude on behalf of Nkoaranga Lutheran Hospital:

"We are so grateful to have a new vehicle which was bought by our friends in the U.S. We are so thankful to our friends and partners for their tireless efforts to make this dream a reality. We send, and please receive our gratitude to all of you who donated their money and time to make sure that we get this new vehicle which is going to change the life of so many who are suffering in the poor community."



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These sentiments were echoed by Dr. Paul Mmbando, Manager of the ELCT Palliative Care Program:

"Once again, I thank the entire staff at Gilchrist as well as all individuals and organizations who made this "dream" come true through their efforts and time dedicated to fundraising and follow up. To the staff of Nkoaranga and their beneficiaries; this is one of those "Cinderella" stories or better still -one of those rare and unique "Miracles" that one can come across in life time...! Many thanks for your effort and support that made this process a reality!"

Read more about Gilchrist Hospice Care's partnership.



The Land Cruiser equipped with a siren. It is spacious enough to accommodate the staff and patient on a mattress, and the four wheel drive feature will allow it to travel to patients over rough, unpaved terrain.



### **Partners Focusing on Compassion**

#### They are Our Friends

The following narrative was submitted by Jo Sensenig of Hospice and Community Care of Lancaster, Pennsylvania. She writes about their partnership with Kenya Hospice and Palliative Care Association.



During a trip to Kenya in 2010, HCC staff members pose with a patient from Nairobi Hospice. In the photo are Joan Harrold, MD, VP of Medical Services, Theresa Robertson, Jo Sensenig and Gwen Hostetter

We were sharing lunch at a local Nairobi restaurant when Dr. Zipporah 'Zippy' Ali, medical director of the Kenya Hospice and Palliative Care Association (KEHPCA), was asked by another visiting professional about us, her response was "They are our friends"!

Our friendship started six years ago when discussions began simultaneously on two different continents. Joan Harrold and Janet Carroll, of Hospice & Community Care (HCC) initiated a request to what was known then as FHSSA (now Global Partners in Care) for an African partner. At the same time David Musyoki from KEHPCA asked the African Palliative Care Association about eligibility for a partnership. How fortunate that two organizations dedicated to hospice on two different continents were introduced to one another.

The first exchange was a visit from Dr. Ali to our Lancaster Hospice during one of her many trips to the U.S. This visit provided the initial introduction to KEHPCA's work on behalf of the hospice and palliative care in Kenya. In 2010 a team of four HCC staff visited Kenya. In this visit we participated in a walk for World Hospice Day celebrations, a seminar at the newly open Aga Khan Cancer Center and visited two rural patients. In 2012 another team of six visited Nairobi to participate in KEHPCA's 3rd Palliative Care Conference. On this visit, our staff presented conference sessions and had the opportunity to visit several hospices in urban and rural Kenya.

Learning about hospice care in another cultural setting was mind-boggling and awe-inspiring. Kenya's hospice professionals faced limited resources at every turn. Food staples were taken on home visits along with necessary medications to ensure that patients had food with which to take medications. No access to drug stores or mail-order pharmacies meant taking medications to patients. Getting to patients was always a challenge. Bicycles and public transportation is necessary for patients to access medical services and/or health professionals to visit patients.

In 2013 we were able to introduce Miriam Igobwa, finance officer, and David Musyoki, program officer to our HCC family. They visited us prior to attending the NHPCO Management and Leadership Conference. Our staff was impressed with their dedication and commitment as they described their work during staff presentations. Hospice visits and conversations with our staff departments allowed further opportunities to share information and ask questions.

Our steering committee meets monthly and champions the relationship with KEHPCA by coordinating several fundraising efforts each year. Examples of ways we've raised money include: coffee house, spring bling jewelry re-sale, sales of African artifacts throughout the year, and employee payroll deduction.

We look forward to deepening our friendship with the KEHPCA family through ongoing visits between continents. Recent reports from the 2014 Kenya Palliative Care Conference reinforce the exceptional efforts of the KEHPCA team in hospice and palliative care. We are happy and privileged to be called 'friends' of KEHPCA.

#### Thank you, Caris Health Care, from Hospice Ethiopia

The following thank you note was submitted by Hospice Ethiopia to their U.S. partner, Caris Health Care, in Knoxville, TN.



The staff at Hospice Ethiopia thanks you for your continued support. Our achievement to improve the lives of cancer and HIV/AIDS patients and families in particular were made possible by your generous support and involvement. We wish you and your loved ones a happy, healthy holiday season. We look forward to working with you in the New Year on our efforts intended to decrease the suffering of cancer and HIV/AIDS patients and increase their

Hospice Ethiopia received the grant amount of 3375 USD and the grant is very survival rate. useful for accomplishment of the activities in general.

Further, the Ministry of Health is undertaking the 'pain free hospital initiative' which mainly focuses on continuous training of health workers, and drug supply chain management including morphine. The training conducted two weeks ago comprising from nine hospitals in Addis Ababa. Those trained persons supposed to be pioneers and are rolling out at their work place. Hospice Ethiopia part of the initiation and patient referral will be more in

We are grateful to you and our partner that showed the courage to step up and give of them. We are especially thankful to you and our partners, without whom we would not be able to support cancer and HIV/AIDS patients and their families;

With best regards,

Tsigerada Jusfallessen Tsigerada YisfaWessen

**Executive Director** Hospice Ethiopia

## **0%** of the need for palliative care is in low and middle income countries.

Your gift to Global Partners in Care supports compassionate care where the need is great and the resources are few.

#### Please DONATE NOW.



Meet the African **Palliative Care Association (APCA)** 

Global Partners in Care has the privilege and honor to collaborate with the African Palliative Care Association (APCA). Staff from both organizations Skype together monthly to develop and implement our partnership activities.

APCA was established after a meeting in Cape Town in 2002 of 28 palliative care trainers from across Africa. The group produced the Cape Town Declaration, which holds palliative care and pain and symptom control as a human right for every adult and child with life-limiting illnesses. APCA seeks to incorporate palliative care into national health care strategies, making it accessible and affordable for all in Africa.



For more information about APCA and to access their valuable resources, visit

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#### Our Partnership with APCA

## Scholarships for Nurses and Social Workers in Africa

As part of our mission to expand the availability of hospice and palliative care in Africa and globally, Global Partners in Care has a special scholarship fund to support APCA in providing education scholarships to further the knowledge and skill of African nurses and social workers in the provision of palliative care.

Since 2010, Global Partners in Care's scholarship fund has supported palliative care education and training for more than 11 nurses and 6 social workers in Africa. Past scholarship recipients have reported the valuable impact on their care to patients as well as their organizations and fellow professionals.

"This is a step toward fulfilling my dream as a palliative care nurse specialist as this is a relatively new field in my country Nigeria where millions of people that need these services may never get them and will eventually die in pain and agony and the few people that eventually assess these services do so when there is little impact that the palliative care team can do for them before their demise."

—Nurse scholarship recipient,
Maboreje Ololade Abiodum,
University College Hospital,
Ibadan, Nigeria

**LEARN MORE** about Global Partners in Care's African Palliative Care Education Scholarship Fund and please <u>DONATE</u> to this worthy cause!

#### Guidelines for Clinical Placement in Hospice and Palliative Care in Africa

In December 2014, Global Partners in Care and APCA announced the release of their collaborative publication, Guidelines for Clinical Placement in Hospice and Palliative Care in Africa. The Guidelines are available to help organizations implement and host successful clinical placements in palliative care and are being utilized in Africa.

Dr. Zipporah Ali, MD, MPH, Executive Director, Kenya Hospices and Palliative Care Association, states, "In 2013, we worked closely with Kenya Medical Training Institute to start a diploma course in PC. The course started well and has its second lot of students. We are mainly aiming to have Train-the-Trainers who can support education across the country. The students in this course undergo clinical placements in various places in the country, where there is a trained PC doctor or nurse to provide supervision and mentorship. So, these guidelines are very timely for us"

**Download** the Guidelines for free! Also, APCA plans to distribute a print version of the Guidelines to hospice and palliative care organizations throughout Africa.

#### **U.S. and Africa Partnerships**

Global Partners in Care and APCA continue to work together to build and support partnerships between U.S. and African hospice and palliative care organizations. To see current list of partnerships, <u>view our</u> Partner Directory.

## Global Partners in Care Education Opportunities

#### National Hospice and Palliative Care Organization (NHPCO)

Join us for NHPCO's 30th Management and Leadership Conference, April 30-May 2, 2015, at the Gaylord National Resort and Convention Center, in National Harbor, Maryland, USA!



Global Partners in Care is extending a special invitation to our international partners and offering a reduced registration fee of \$100. To register for the conference, <u>download the</u> <u>registration form</u> or contact info@globalpartnersincare.org.

Global Partners in Care will be featured throughout the conference and is sponsoring a special breakfast for all conference participants on, Thursday, April 30, to honor our international guests, announce the winner of the Global Partnership Award and provide information about our international partnership program.



For international professional education opportunities, visit the <u>"Education"</u> <u>section of our</u> <u>website</u> to learn more about online courses, conferences and publications.

## Global Partners in Care Welcomes Betsy Clark as Foundation Board Chair

"We are honored to have Betsy Clark chair the Foundation Board of Directors, an experienced group of professionals committed to furthering the work that the National Hospice Foundation and Global Partners in Care has done on behalf of end-of-life care..."

Elizabeth (Betsy) Clark, PhD, former president and CEO of the National Association of Social Workers, will chair the Foundation Board of Directors which governs both the National Hospice Foundation and Global Partners in Care. Dr. Clark has served on the Board of Directors for both the National Hospice Foundation and National Hospice and Palliative Care Organization in the past or in previous years.

#### -Donald Schumacher

"We are honored to have Betsy Clark chair the Foundation Board of Directors, an experienced group of professionals committed to furthering the work that the National Hospice Foundation and Global Partners in Care has done on behalf of end-of-life care," said J. Donald Schumacher, president and CEO of NHPCO and affiliates. "Foundation board members represent many diverse backgrounds– yet we all share a common goal to improve care at the end of life."



Elizabeth (Betsy) Clark, PhD

## 2015 | NATIONAL HOSPICE FOUNDATION GALA

IN CONJUNCTION WITH NHPCO'S 30TH MANAGEMENT AND LEADERSHIP CONFERENCE



**Friday, May 1, 2015** Gaylord National Resort National Harbor, Maryland

**7:00pm – 11:00pm** Cocktail Reception, Silent and Live Auctions, Entertainment and Dancing

Sponsorship opportunities are available.

Please contact Joy Nguyen at (703) 647-5167 or jnguyen@nationalhospicefoundation.org

#### Thank you to our Sponsors:

#### TrustBridge Health

Optum Palliative and Hospice Care Bristol Hospice Center for Hospice Care The Corridor Group Hospice Pharmacy Solutions Outcome Resources Simione Healthcare Consultants Enclara Pharmacia Hospice of the Bluegrass Hospice of the Bluegrass Hospice of the Western Reserve Quality of Life Publishing Polly Rehwall Stoladi

\*Sponsors as of February 6, 2015

National Hospice Foundation

www.nationalhospicefoundation.org

## Pay it Forward. Become a Global Partner Today.

Our Partner Program provides the opportunity for hospice and palliative care organizations in the U.S. to support a hospice and palliative care organization in another country. To help our partners engage in a wide variety of activities to expand and improve services, Global Partners in Care:

- Provides personalized consultation and ongoing technical assistance
- Wires financial donations from U.S. partners to their respective international partner
- Collaborates and coordinates with international and national hospice and palliative care associations
- Networks partners together so they can learn from each other

Learn how your organization can become a global partner at www.globalpartnersincare.org/become-partner.

## From Our Global Partner Application Files

Basavatarakan hdo American Cancer Hospital and Research hstitute

Who? Basavatarakam Indo American **Cancer Hospital and Research Institute** 

What? Provide quality cancer treatment and palliative care services at affordable cost.

Where? Telangana, India



Nyakahanga Hospital

LET KARAGNE DIOCESE NYAXAHANCA DD HOSPITAL

### Who? Nyakahanga Hospital

What? Provides preventative, curative and palliative care services to 140 patients daily.

Where? Kagera, Tanzania

To partner with Basavatarakam Indo American Cancer Hospital or Nyakahanga Hospital please contact Global Partners in Care.

Learn more about our partnerships and how your organization can become a global partner by visiting the partnerships page on our website.



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