

to Scottsbluff, Nebraska has strengthened this relationship to one of mutual understanding.

psychological, physical and economic needs.

> During his stay in Scottsbluff, David had the chance to visit patients under the care of Prairie Haven Hospice within the facility and in their homes. He was also given the opportunity to meet the diverse team of Prairie Haven, who organized visits to other area medical facilities and nursing homes. Ogolla learned that the staff of Scottsbluff are

symptoms, providing social services, pastoral care and support, home health aid services, bereavement follow up and support, and medical equipment and supplies for a clients' satisfaction. David said "I am inspired by the medication Planner they are using for dispensing medication to their clients."

David's Bunda Hospice does not yet have access to morphine to manage severe pain. This remains a major obstacle in providing comprehensive care to the patients served by his team. FHSSA is working with other stakeholders in Tanzania to address issues surrounding

Meeting members of the clinical team and sharing ideas partner hospices

access to and availability of morphine.

appreciation to Prairie Haven Hospice

most vulnerable children. Through

FHSSA, Bunda has been able to

effort as well.

and FHSSA for their support of Bunda's

USAID funding made available through

provide bedding, educational supplies,

psychosocial support, and nutritional

assistance to over 800 orphans. Prairie

Haven Hospice has begun to support this

While in Nebraska, David also expressed

busy managing pain and other

The staff of Prairie Haven Hospice were equally impacted by the visit of their FHSSA partner. Linda Rock said, "People who were fortunate enough to comment which was heard over and have little to complain about,' 'I can't

meet David and spend some time visiting with him were profoundly touched. One over was, 'We take so much for granted.' Other comments included: 'It is a real eye opener to hear David's Story,' "We really imagine how difficult it is to care for

patients with such limited resources."

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David Ogolla and the team at Prairie Haven Hospice

Prairie Haven Hospice is part of the Regional West Medical Center in western Nebraska, Executive Director, Linda Rock invited David to Prairie Haven Hospice to share the culture of the panhandle of Nebraska and the Black Hills with her colleagues as well as allow Ogolla to experience what services are available for end-of-life care in Nebraska.

Bunda Hospice located at Bunda Hospital is part of the Evangelical Lutheran Church of Tanzania (ELCT) system of hospitals. The hospice program was established through a United States Agency for International Development (USAID) grant awarded























































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The ability to meet and share experiences face-to-face allowed the staff of both organizations to plan for the direction and future of their partnership. Rock says, "the partnership between the two hospice programs was certainly strengthened by the face-to-face visit. Several Prairie Haven Hospice staff members are planning a trip to Tanzania to visit David and the Bunda Hospice program."

unda Hospice currently serves 530 patients in their homes, the majority of whom are living with HIV/AIDS. A USAID grant allows FHSSA and ELCT to fund David's position as Palliative Care coordinator at Bunda Hospice, along with an assistant, and provides part-time support for a chaplain and clinical officer to complete the palliative care team. In addition, the grant has provided resources to train and support 35 home based care volunteers who care for patients in their communities. For clinical back up to patients David utilizes a motorcycle. However, he emphasizes that "for [the] palliative care team [to access] day cares and for adherence counseling... we actually need a 4 wheel drive vehicle for the Hospice. This is especially critical considering weather and impassable roads."

David also adds that volunteers at Bunda Hospice do a commendable job in providing health education on nutrition, environmental hygiene, anti-retroviral adherence counseling, HIV/AIDS education, referrals to clinical needs, the importance of their children having proper documentation and reporting such as birth certificates, and follow up to clients who fail to pursue further treatment. For the incredible work load that these community volunteers take on, they are provided with a monthly stipend also provided through FHSSA/ELCT via the USAID grant funding.

Following his visit to Nebraska, David recounts the benefits of FHSSA partnering:

- "I have been able to learn a lot about end of life care and apply it in my hospice"
- Meeting his partner in person allowed both parties to understand what care is provided at each organization. David explained that he was pleased his visit

- helped to increase awareness of the needs and challenges faced at Bunda Hospice to those in Nebraska.
- "My visit has affirmed the capability of FHSSA in terms of communication and their dedication towards the foundation of hospices in Africa."
- "The tour has enriched my soul and heightened my experience and hope to approach problems confidently and by smile."



David Ogolla with his motorcycle used to provide clinical backup to volunteers

PARTNERSHIP UPDATE

s of October 1, 2009, FHSSA added nine new partnerships for a total of 83 partnerships represented in 28 states and 16 countries.



Palliative Care Coordinator (center) and volunteers from Itete Lutheran Hospital Palliative Care Program in Mbeya, Tanzania

New Partnerships added:

- Gilchrist Hospice of Hunt Valley, MD with Nkoaranga Lutheran Hospital in Arusha, Tanzania
- Hinds Hospice of Fresno, CA with KITOVU Mobile AIDS Program in Masaka, Uganda
- Hospice of Lancaster County, PA with Kenya Hospice and Palliative Care Association (KEHPCA) in Nairobi,
- Hospice of Washington County, Inc. of Hagerstown, MD with Coast Hospice in Mombasa, Kenya
- Odyssey HealthCare of Austin, Texas with Matema Lutheran Hospital in Tanzania

- Odyssey HealthCare of Jackson in Jackson, MS with Itete Lutheran Hospital in Mbeya, Tanzania
- Odyssey HealthCare of Nashville, TN with Kijabe Palliative Care Unit- Kijabe Mission Hospital in Kijabe, Central Kenya
- Odyssey HealthCare Palm Springs in Rancho Mirage, CA with Ngora Freda Carr Hospital in Kumi, Uganda
- VITAS Innovative Hospice Care of Chicagoland - Lombard, IL with Eldoret Hospice in Eldoret, Kenya.
 - * This time last year there were only 64 partnerships represented in 24 states and 14 countries.





































IN CELEBRATION OF OUR 10TH ANNIVERSARY FHSSA IS ANNOUNCING ITS

IMPACT CAMPAIGN

Imagine the Impact...

- Of providing access to pain medicine and medical supplies in sub-Saharan Africa.
- Of a bicycle given to a volunteer who can in turn provide care in rural communities.
- Of delivering a new school uniform and books to a most vulnerable child.

How Can I Make An IMPACT?

Make your IMPACT today with the enclosed card or an immediate IMPACT online – **www.fhssa.org** Every gift of every size makes an IMPACT.

Your participation in the IMPACT campaign helps us continue to promote compassionate care where the need is great and resources are few. IMPACT is simple: You give your IMPACT gift. Then you commit to asking 10 family members, friends, neighbors and co-workers—multiplying your IMPACT!

Through the FHSSA Impact Fund, NHF raises support to fund the programs of FHSSA. Email giving@fhssa.org or call 703-647-5176 for your IMPACT materials.



"THIS IS ONE OF THE

EASIEST WAYS TO INSURE

THAT THE INCREDIBLE

WORK OF FHSSA

CONTINUES, EVEN WHEN

I AM GONE."



Bev Sloan, FHSSA Board member and CEO/President of The Denver Hospice, is the newest member of The Legacy

Society. Bev has chosen to revise her will to include the FHSSA Fund in her estate plan.

OPPORTUNITY TO SUPPORT FHSSA IN PERPETUITY

THE LEGACY SOCIETY was launched to recognize and appropriately steward individuals who provide support for the FHSSA Fund through their estate plans.

Membership belongs to individuals who have made a planned gift to the FHSSA Fund or NHF through one or more of the following methods: provision in your will, charitable gift annuity, charitable remainder or lead trust, life insurance policy or retirement plan beneficiary

designation. Individuals who have arranged for a planned gift to be given by February 1, 2010 will be honored at the 2010 Gala in April.

We welcome the opportunity to discuss your interests in confidence. Please contact Maureen Lilly, Director, Planned Giving and Stewardship at 703-647-5173 or email mlilly@nationalhospicefoundation.org.

































10 YEARS OF PROGRESS, A FUTURE OF HOPE: FHSSA CELEBRATES ITS 10 YEAR ANNIVERSARY

ith the room buzzing in conversation, people dancing to the music of the band, and light-hearted competition surrounding the silent auction, FHSSA's 10th Anniversary celebration cheerfully brought light to all that has been accomplished in the past 10 years. The celebration created a joyful beginning to our next 10 years of work towards increasing the availability of quality hospice and palliative care in Africa.

With more than 200 guests in attendance, FHSSA raised over \$56,000 to support the National Hospice Foundation's FHSSA Fund on the evening of September 25th at the Grand Hyatt Denver. NHF is part of the family of affiliated organizations that includes FHSSA. Through the FHSSA Fund, NHF raises support to fund the programs of FHSSA. Attendees were entertained with the pan-African music of Sifa! Sifa! an African drumming group, a tasting of 6 South African wines, hors d'oeuvres, and a silent auction. The silent auction featured more than 80 items hand crafted across Africa, raising much excitement as individuals bid to win their favorite items.

The night also featured a video message from the events honorary chairperson Naomi Tutu. Following Tutu's moving words, the first FHSSA Spirit of Compassion Award was presented to Jennifer and Micheal Tuite. The couple received this recognition for their walk across the state of Iowa in May to raise awareness and financial support for hospice and palliative care in Africa.

The celebration was further enhanced by the presence of two staff members of The Denver Hospice partner, Selian Hospice in Tanzania. Elizabeth Makule and Augustino Kimani honored FHSSA with the presentation of a banner thanking FHSSA for their continued work in Africa.

A special acknowledgment to our Premier Sponsor VITAS Innovative Hospice Care for their commitment! Gold Sponsors included The Denver Hospice, Hospice of the Western Reserve, Suncoast Solutions, and Hospice Pharmacia; Silver Sponsor CCR Events in addition to several Bronze Sponsors and Patrons. We were joined by the FHSSA Board of Directors, attendants at NHPCO's Clinical Team Conference from hospices across the country, sponsor representatives, and NHPCO, NHF, and FHSSA teams.



The FHSSA team with Spirit of Compassion award winners Jennifer and Micheal Tuite (center)



Event attendees examining silent auction items



Video message from Honorary Chair Naomi Tutu

























